

# **WARRIORS**

## **ELITE VBC**

### **Team Rules**

1. Support your teammates at all times. Negative attitudes or comments directed at teammates and/or coaches will not be tolerated and could be grounds for dismissal from game or practice.
2. Playing time is not guaranteed, but earned in practices. We expect the players and parents to accept the decisions of the coaching staff regarding playing time while remaining supportive of the team.
3. The coaching staff will not discuss any issues of playing time for a period of 24 hours after the completion of a match/tournament.
4. Make responsible decisions away from the volleyball court. The athletic code will be strictly enforced. Don't let a bad decision ruin the season for you or your teammates!

### **Expectations of Player**

1. Be a true STUDENT athlete (go to class and complete assignments).
2. Be committed to the team and be loyal to your teammates and coaches.
3. Attend every match and practice and arrive on time .
4. Communicate effectively. If there is a need to arrive late/leave early this should be communicated with your coach at least 24 hours in advance.
5. Work hard each and every day.
6. Pay attention and learn as much as you can during practices/matches. Ask coaches for additional help if you need it, we are here to help you grow.
7. If a conflict arises; initiate communication with your coaches.
8. Be respectful to your coaches, teammates, officials, opponents, and parents at all times.

### **Expectations of Parents**

1. Help your player have a positive volleyball experience.
2. Come to all matches to support both your player and the entire team regardless of wins/losses.
3. Please make every effort to schedule doctor and dentist appointments around practice/match schedules. We realize this can be difficult and occasionally cannot be avoided, however it is very important to have everyone at every practice/match. If a player miss 4 or more matches, they are not allowed to play in the Championship games.
4. Communicate with coaches in a positive manner. Any issues that arise feel free to communicate them with the Head Coach. Please give 24 hour notices if a player can not make it to a practice/match or will be arriving late.
5. Respect the 24 hour rule after matches/tournaments if you have a concern to address with the coaching staff.
6. Registration fees are required for all seasons. If assistants is needed please speak with the Head Coach as options may be available to assist. If player is excused from team, registration fees are non refundable.
7. I will refrain from coaching my child or other players during games and practices unless I am one of the official coaches of the team.
8. I will respect the coaches decisions for my player .

## Expectations of Coaches

1. Teach our athletes how to play volleyball with all fundamental skills and advance skills to help elevate their game.
2. Create a passion for the game in hopes that it will become a lifetime sport for our athletes.
3. Train our athletes to "think" the game and challenge them to solve some problems on their own.
4. Be respectful to our athletes, athlete's parents, officials, and opponents and model appropriate behavior at all times.
5. Follow the calendar provided and announce any changes as far in advance as possible.
6. Conclude practices as close to the ending time as possible.
7. Stress the importance of high academic achievement for our players.
8. Compete to win in every match we play while attempting to balance playing time for all athletes based on practice performance
9. Create a comfortable and enjoyable environment for our athletes with open lines of communication between athletes and coaches.

## Media and Liability Consent

Consent. I, \_\_\_\_\_ (the "Releasor"), parent or guardian of \_\_\_\_\_ (the "Minor"), for good and valuable consideration, the adequacy of which is acknowledged, with the understanding that **Warriors Elite VBC** (the "Releasee") will invest substantial time and expense to produce certain audio and/or visual works in reliance upon this document, does hereby consent to Minor's participation in said production and to Minor being personally identifiable in the resulting media, regardless of production method or type of media, including, without limitation, digital and analog photography, film and videography (with or without sound), and audio recordings (the "Media") whether captured or created by Releasee directly, or by those acting under Releasee's direction. I also hereby authorizing the Warriors Elite Volleyball Club staff to act for me according to their best judgement in any emergency requiring medical attention. I hereby waive and release Warriors Elite Volleyball Club, its staff, its coaches, and volunteers, from any and all liability for any injuries, illnesses or loss of property incurred while at clinics, tryouts, matches or practices. My signature on this waiver also states that the named player is covered by my personal medical insurance policy.

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**Player Name**

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**Player Signature**

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**Parent/Guardian Signature**

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**Coach Signature**

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**Date**

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**Date**

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**Date**